

THE INTER-UNIVERSITY CROSS-COUNTRY RACES 2010



OXFORD UNIVERSITY CROSS-COUNTRY CLUB

v

CAMBRIDGE UNIVERSITY HARE AND HOUNDS



From Thames Hare and Hounds' Headquarters,
Memorial Playing Fields, Roehampton Vale
on Saturday, 4th December

ORDER OF EVENTS

1.00 p.m.	19 th Old Blues' Race (Mob Match – all alumni welcome)	4 miles
2:00 p.m.	35 th Ladies' Race (Six-a-side, four-to-score)	4 miles
2:45 p.m.	120 th Gentlemen's Race (Eight-a-side, six-to-score)	7½ miles

Starters

Ladies' Race: C. E. Day (Queens')
C. U. H. & H. 2004-07 & Captain 2006

Gentlemen's Race: J. E. Blackledge (St. Catherine's)
O. U. C. C. C. 2004-07 & Race Winner 2005

Officials

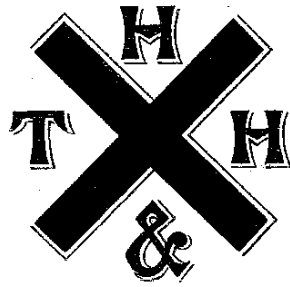
Referee: J. W. Bryant
President, Thames Hare & Hounds

Clerk of the Course: N. J. Gould
Captain, Thames Hare & Hounds

Medical Officer: Dr D. M. Justins, Thames Hare & Hounds

Chief Pioneer: N. Malynn, Thames Hare & Hounds

Records, Timekeepers
& Pioneers: Members of Thames Hare & Hounds



Welcome to the 120th Gentlemen's and 35th Ladies' Inter-University Cross-Country Races.

The teams will be wearing the following numbers:

Cambridge Ladies	White vest and white shorts	1 – 6 (reserves 7 & 8)
Oxford Ladies	White vest and dark blue shorts	9 – 14 (reserves 15 & 16)
Cambridge Gentlemen	White vest and white shorts	17 – 24 (reserves 25 & 26)
Oxford Gentlemen	White vest and dark blue shorts	27 – 34 (reserves 35 & 36)

We hope you enjoy the day's races.

Thames Hare and Hounds

CAMBRIDGE LADIES

1. **L. M. Gossage** (*Kesteven and Grantham Girls' School & Downing*)
(2010 National Duathlon Champion (30-34 age group))
2. **L. K. Barklie** (*Kendrick School, Reading & Magdalene*)
(2009 – 12th; 2008 – 12th; 2006 – 12th)
3. **P. H. R. Keen** (*Havant College, Murray Edwards & Downing*)
(2008 – 10th; 2007 – 10th; 2006 – 1st; 2009 – Cheetahs, 11th)
4. **R. M. Kitchen** (*Scarborough Sixth Form College & Magdalene*)
(2009 - Gazelles, 2nd)
5. **C. C. A. Noble** (*Robert Gordon's College, Aberdeen & Emmanuel*)
(2009 – Cheetahs, 8th; 2008 – Gazelles, 5th)
6. **C. Roach** (*Christleton High School, Chester & Trinity*)
(2007 – European Junior Cross-Country Championships – 4th)

Reserves:

7. J. V. Thomas (2010 – Cheetahs, 7th) (*Pate's Grammar School & Gonville and Caius*)
 8. R. S. Penfold (2010 – Gazelles, 1st) (*Wells Cathedral School & Emmanuel*)
- Captain: L. Richards (*Maidstone Grammar School & Robinson*)
(2010 – Cheetahs, 8th; 2009 – Cheetahs, 2nd)

OXFORD LADIES

9. **J. Anselin** (*Lycée Aline Mayrisch, Luxembourg & St. Hilda's*)
(2009 – Turtles, 6th)
10. **R. S. Deegan** (*Audenshaw School, Manchester, St. Hugh's & Christ Church*)
(2008 – 9th; 2006 – 7th; 2005 – 3rd; 2004 – 7th)
11. **C. R. Kane** (*Westholme School, Blackburn & Christ Church*)
(2009 – 8th; 2008 – Turtles, 1st; 2007 – IIIrd team, 1st)
12. **H. J. Munn** (*Bishop Stopford School, Kettering & St. Hugh's*)
(2009 – 4th)
13. **N. Poole** (*Cheltenham College & St. Hilda's*)
(2008 - Turtles, 5th; 2007- IIIrd team, 12th)
14. **E. J. Waldman** (*Dame Alice Owen's School & Somerville*)

Reserves:

15. C. E. Mullarkey (*Swarthmore College, Pennsylvania & Trinity*)
(2010 – Turtles, 1st)
 16. N. R. Lopez (*Santa Clara University, California & Balliol*)
(2010 – 5th & Turtles, 3rd; 2009 – Turtles, 3rd)
- Captain: C. E. Baudouin (*The Royal Grammar School, Newcastle & Pembroke*)
(2010 – Turtles, 4th; 2008 – Turtles, 6th)

CAMBRIDGE GENTLEMEN

17. **S. J. Ashcroft** (*Twyford Church of England High School, Ealing & Jesus*)
(2009 – Spartans, 10th)
18. **C. A. M. Bannon** (*King Henry VIII School, Coventry & Downing*)
(2009 – 12th; 2008 – 7th)
19. **R. B. Brown** (*Sullivan Upper School, Co. Down & Jesus*)
(2009 – 8th; 2008 – 14th; 2007 – Spartans, 4th)
20. **M. J. R. Clark** (*Poole Grammar School & Homerton*)
(2009 – 16th; 2008 – 16th; 2007 – 9th)
21. **J. H. Cook** (*Queen Elizabeth High School, Hexham & Jesus*)
(2008 – Spartans, 9th)
22. **M. A. A. Grant** (Captain) (*St. Albans School & Queens'*)
(2009 – 13th; 2008 – 12th; 2007- 8th; 2006 – 10th; 2005 – Barbarians, 4th)
23. **S. M. Lindner** (*University of Virginia & Darwin*)
(2009 – 9th)
24. **W. J. Mackay** (*Kimbolton School, Huntingdon & Robinson*)
(2009 – 15th; 2008 – 13th)

Reserves:

25. A. J. P. Young (2010 – Spartans, 2nd; 2009 – Spartans, 2nd) (*Manchester G.S. & St John's*)
26. A. J. Chettle (2008-10 – Spartans, 13th; 2007, Barbarians, 7th) (*Charterhouse & Clare*)

OXFORD GENTLEMEN

27. **D. J. Bruce** (*Winchester College, Lady Margaret Hall & Green Templeton*)
(2009 – 1st; 2008 – 2nd; 2007 – 6th; 2006 – 4th; 2005 – 9th; 2004 – Tortoises, 2nd)
28. **L. A. Caldwell** (*The Ashcombe School, Dorking & Jesus*)
(2009 – 5th)
29. **F. Downs** (*Bangor University & Lady Margaret Hall*)
30. **A. R. Heyes** (*Notre Dame High School, Sheffield & St. Hugh's*)
(2009 – 3rd)
31. **C. P. McGurk** (*The Becket School, Nottingham & Wadham*)
(2009 – 11th; 2008 – Tortoises, 3rd)
32. **J. A. Pearson-Stuttard** (*The Royal Grammar School, Newcastle, St. Anne's & Christ Church*)
(2007 – 16th; 2009 – Tortoises, 11th, 2008 – Snails, 4th)
33. **F. A. M. Scott** (*Merchiston Castle School & Lincoln*)
(Scottish Schools' Cross-Country Champion, 2009)
34. **J. Shelley** (*Mill Hill County High School & Somerville*)
(2009 – 7th)

Reserves:

35. G. D. L. Kiralyfi (2010 – Tortoises, 3rd) (*Winchester College & Regent's Park*)
 36. M. E. Johnson (2009 – 14th; 2010 – Tor, 4th; 2009 – Tor, 1st) (*Ackworth School & Jesus*)
- Captain: D. R. Taylor (*The Royal Grammar School, Guildford & Trinity*)
(2010 – Tortoises, 10th; 2009 – Tortoises, 6th; 2008 – Snails, 7th)

THE 2009 INTER-UNIVERSITY RACES

(held over Thames Hare and Hounds' courses at Roehampton Vale
on Saturday, 5th December)

(* denotes team captain)

The 34th Ladies' Race: Oxford won by 17 points to 21

1.	N.Taschimowitz	Trinity	Cambridge	23:22
2.	M.Sikes	Lincoln	Oxford	24:03
3.	A.Scott	Churchill	Cambridge	24:29
4.	H.J.Munn	St. Hugh's	Oxford	24:44
5.	N.R.Lopez	Balliol	Oxford	24:55
6.	F.I.MacInnes	Lady Margaret Hall	Oxford	24:59
7.	M.Rocke	Churchill	Cambridge	25:08
8.	C.R.Kane	Christ Church	Oxford	25:30
9.	B.J.Gardner	St. Catherine's	Oxford	25:35
10.	R.Heard	Fitzwilliam	Cambridge	25:41
11.	A.M.Anderson	Girton	Cambridge	25:47
12.	L.K.Barklie	Magdalene	Cambridge	25:59

*N.Poole (St. Hilda's) was Oxford captain

*E.L.Figures (Lucy Cavendish) was Cambridge captain

The 119th Gentlemen's Race: Oxford won by 28 points to 52

1.	D.J.Bruce	Green Templeton	Oxford	38:02
2.	R.C.Franzese	Wolfson	Oxford	38:09
3.	A.R.Heyes	St. Hugh's	Oxford	38:25
4.	J.M.Kelly	Jesus	Cambridge	38:36
5.	L.A.Caldwell	Jesus	Oxford	39:27
6.	A.F.R.McGowan	Girton	Cambridge	39:30
7.	J.Shelley	Somerville	Oxford	39:36
8.	R.B.Brown*	Jesus	Cambridge	39:50
9.	S.M.Lindner	Darwin	Cambridge	39:54
10.	J.M.Mercer	Green Templeton	Oxford	39:56
11.	C.P.McGurk*	Wadham	Oxford	40:08
12.	C.A.M.Bannon	Downing	Cambridge	40:11
13.	M.A.A.Grant	Queens'	Cambridge	40:39
14.	M.E.Johnson	Jesus	Oxford	40:43
15.	W.J.Mackay	Robinson	Cambridge	40:48
16.	M.J.R.Clark	Homerton	Cambridge	45:57

THE 2010 II^{nds}-IV^{ths} INTER-UNIVERSITY RACES

(held over C.U.H. & H's courses at Wandlebury Country Park
on Saturday, 27th December)

67 th Tortoises-Spartans Race	Oxford won by 26 points to 60
60 th Snails-Barbarians Race	Oxford won by 23 points to 60
53 rd Gentlemen's IV th Team Race	Cambridge won by 355 points to 792
28 th Turtles-Cheetahs Race	Oxford won by 13 points to 23
24 th Ladies' III rd Team Race	Cambridge won by 89 points to 177

PREVIEW OF THE 2010 INTER-UNIVERSITY RACES

by Nick Altmann, C.U.H.&H., 1991-94

Nick's dismal form in predicting the 'Varsity results led to a replacement forecaster being found. However, due to his unfortunate recent demise, Paul the Psychic Octopus is no longer available so Nick has been called upon again.

The 'Varsity Matches look set to be two tight contests with no clear cut favourite in each, though Oxford may have the overall edge in the gentlemen's race and the Light Blues in the ladies' event.

In the latter, the Cambridge team is the more experienced, but they could be hampered by injury concerns. One of those centres on Polly Keen (Downing), the surprise winner as a fresher in 2006 and back for her fourth appearance. The other is newcomer to the team, Christie Noble (Emmanuel), who won the recent match over the same course against Thames.

One athlete with particular reason to hope injury does not strike is Charlotte Roach (Trinity) who will be aiming to make the start line having twice previously been selected but been able to compete on the day. Like Polly, Lauren Barklie (Magdalene) is also making her fourth appearance in the match and a recent second place in Cuppers suggests she could improve on her previous showings. However, the Cuppers victor, Lucy Gossage (Downing), could be the team's wildcard. She comes with an impressive Ironman triathlon pedigree and it will be interesting to see how this translates to the particular demands of the Common.

Rachel Deegan (Christ Church), the most experienced competitor with four starts under her belt already, will lead the Dark Blues' challenge. Having won her university's race against Thames, she looks to be in good form. In that race Hayley Munn (St. Hugh's) pushed her close and could be in a position to improve on her fourth place from last year. Cuppers winner Clare Kane (Christ Church) is their only other entrant with previous 'Varsity Match experience. In Oxford's favour though, they were convincing winners of last weekend's Turtles-Cheetahs (IInd team) match.

In the 120th gentlemen's race, Cambridge arrive with six of their team having previously competed in the fixture. However, it could be said that their collective record is not a particularly distinguished one; none of the team having previously finished higher than seventh. However, Sören Lindner (Darwin) and Robin Brown (Jesus) look to be in the right sort of form to revise that, both looking very impressive when taking the front two positions in the race against Thames.

Oxford likewise have six previous competitors, amongst them last year's victor David Bruce (Green Templeton). A convincing victory at Cuppers would suggest he is carrying enough speed to mount a robust defence of his title. Andy Heyes (St. Hugh's) is also looking strong, coming directly off an excellent run in the UK Cross Challenge Race. Behind him the team looks like it could pack very well. In the race against Thames, Chris McGurk (Wadham) was first, but the next four runners finished covered by ten seconds. Further evidence of their strength in depth comes from the Oxford Tortoises' heavy defeat of the Cambridge Spartans in the IInd team race last weekend.

One final consideration is that the recent cold snap should leave the ground unusually firm. A race-day frost is cited by a certain H.Altmann (New College) as the deciding factor in a 'Varsity victory, favouring as it did track speed over cross-country strength. The same effect could well have a bearing on this year's event.

I hope you enjoy today's races.

INTER-UNIVERSITY RACE COURSES

The courses currently used for the Inter-University Races were introduced in 2000. Both of them start and finish at Thames Hare and Hounds' Headquarters on the Memorial Playing Fields at Roehampton Vale.

Ladies' course (4 miles)

Referring to the map opposite, and not including every point passed, the ladies' race proceeds from the start to the finish via the following:

A – B – C – E – U – W – P

Gentlemen's course (7½ miles)

The gentlemen's race proceeds from start to finish via:

A – B – C – E – V – F – T – B – C – E – U – W – P

The courses feature a number of prominent landmarks. The infamous watersplash is reached shortly after the start, runners crossing Beverley Brook from the playing fields.

The Windmill provides a good viewing point to spectators. The ladies' race passes here once and the gentlemen's race three times. Refreshments can be enjoyed at the café.

The muddiest part of the course is invariably the dreaded Butts. Only a mile or so from the finish, the boggy conditions sap the strength from the toughest of competitors.

Spectators who follow the races round the Common are asked to be aware of their position at all times and avoid causing irritation to other users. The Common is shared by many sports, including a golf course, the fairways of which may not be immediately obvious. While the races themselves do not cross any of them, spectators are likely to if they are following the races.

We also ask you keep off of the sports pitches on the Memorial Playing Fields, where the races start and finish. Our ability to host these races on the Common depends on your co-operation.

Thank you.

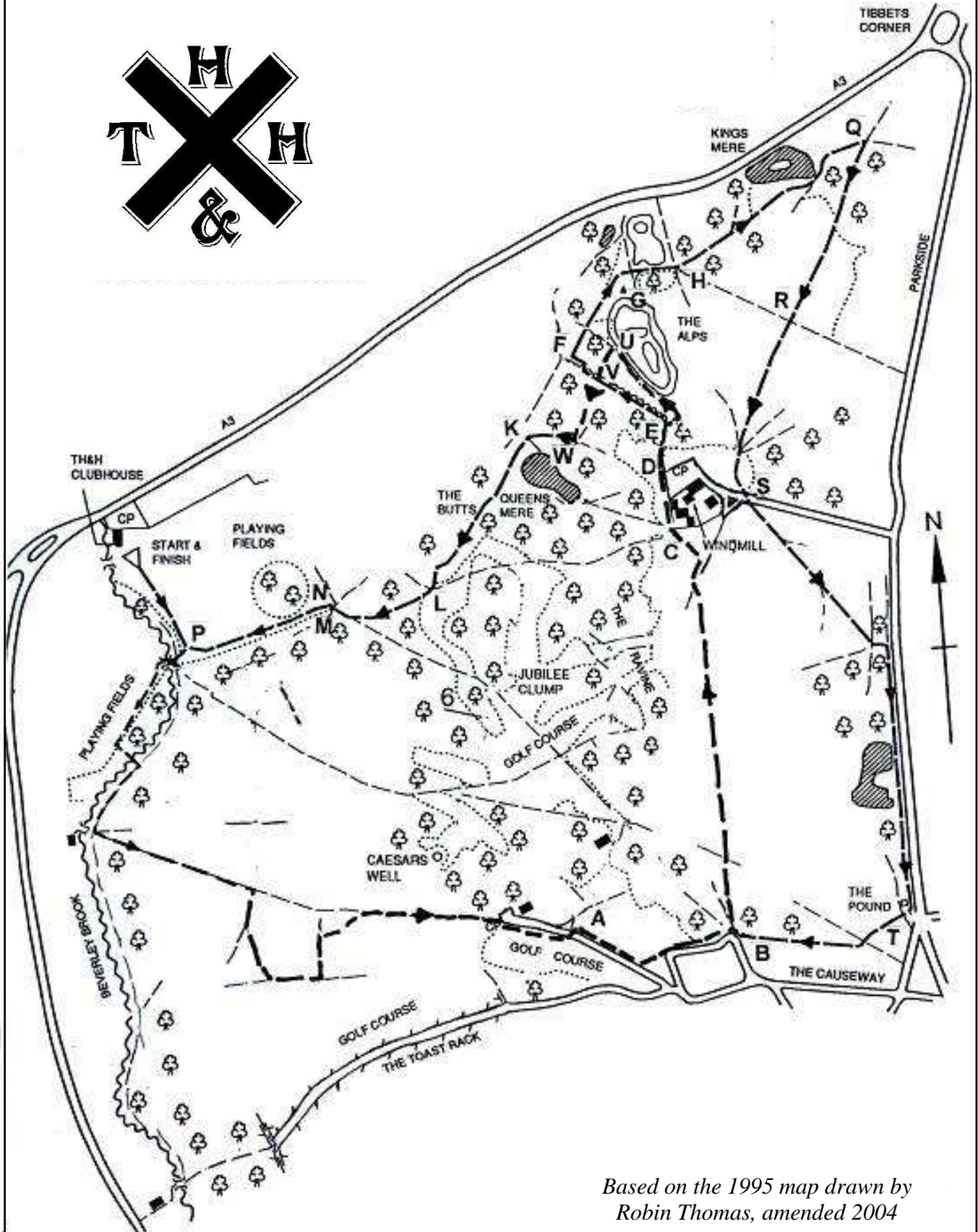
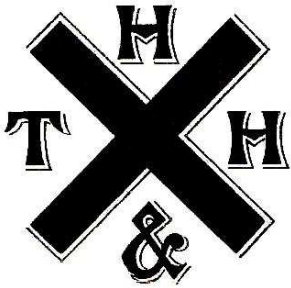
Nic Gould

Captain

Thames Hare and Hounds

INTER-UNIVERSITY RACE COURSES

ROEHAMPTON VALE & WIMBLEDON COMMON



Based on the 1995 map drawn by Robin Thomas, amended 2004

FROM THE ARCHIVES

by Simon Molden, O.U.C.C.C., 1995-98

10 years ago - 2000

2000 was the year that the current courses were introduced. In the 110th gentlemen's race, Cambridge won an enthralling contest by the narrow margin of four points (37-41) largely thanks to a late surge by reserve, Jackson Crossley (Downing), who moved from tenth to sixth in the final two miles. Earlier in the day, Oxford's ladies won a similarly exciting contest by just one point (18-19), in the process extending their winning run to eight matches.

25 years ago – 1985

Despite Jerry Barton's (Magdalene) convincing individual victory, Oxford runners filled the next six places to secure a big win by 27 points to 57. This proved to be the second of a six-match run of success for the Dark Blues which lasted until the Centenary race in 1990. In contrast, it was the Cambridge ladies who took the honours with some ease, by 11 points to 27, thus preserving an unbeaten run that stretched back to 1979.

50 years ago -1960

A Cambridge team that included Herb Elliot (Jesus) – fresh from his Gold medal at the Rome Olympics – and Mike Turner (Queens' – and C.U.H.& H. President from 1976-2006) easily secured the honours by 27 points to 57. Tim Briault (St. John's) took the individual victory. This was the middle of a period of Light Blue dominance that lasted until the middle of the decade and was reflected in Oxford runners filling the last five places.

100 years ago – 1910

Led home by the Tasmanian Rhodes Scholar, Alfred Clemes (Magdalen), Oxford whitewashed their rivals over the old Roehampton course. Clemes – who was described as "...a runner with a nice gliding style, and...a splendid stayer..." – was one of a number of Rhodes Scholars who boosted the Dark Blues' fortunes in the run-up to the Great War and enabled them to put together their best run of success (five wins from 1908-12) up until that point.

125 years ago – 1885

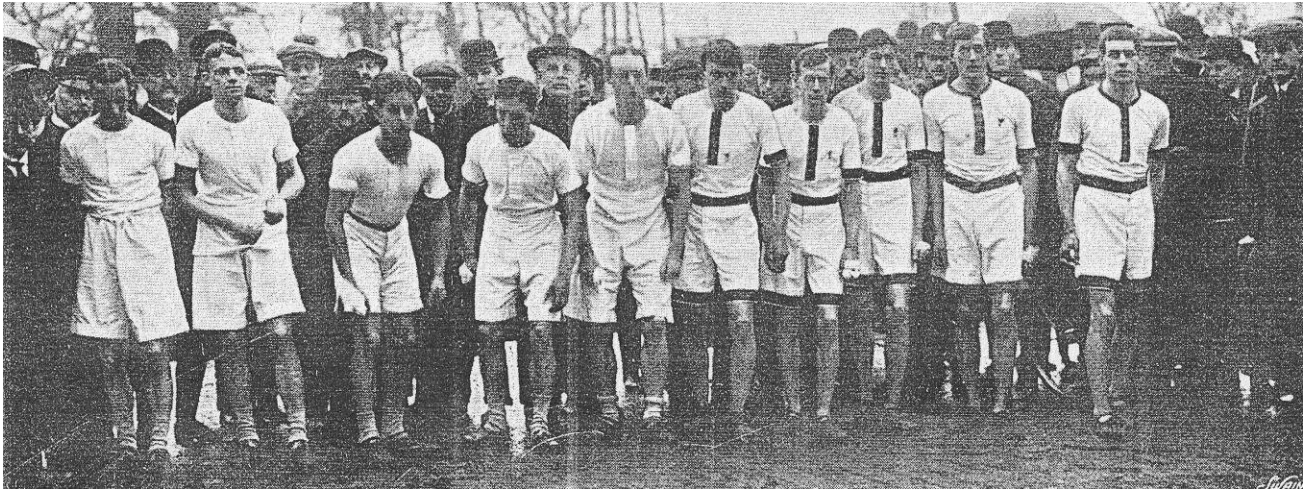
In the sixth race of the series, held over the Gogs course at Cambridge, the hosts ran out 24 points to 31 winners. David Payn (St. Catharine's) was the first man home. This was the period of Dark Blue malaise that saw seven defeats in a row after their success in the inaugural race in 1880. It was a measure of their weakness that this performance was regarded as, "...far from discreditable to the team." The sole highlight for them was the performance of Francis Cross (New College) – who in 1888 set a world record for the 880 yards – who finished third. Sadly, he never ran for the Dark Blues again.

TODAY'S STARTERS

The ladies' race will be started by Claire Day (Queens'), who represented the Light Blues in the 2004, 2005 and 2006 races, finishing third in her final year. Claire was also captain of C.U.H.& H. in 2006-07, leading the club to a double success over Oxford, the ladies' victory being their most recent one in the series.

The gentlemen's race will be started by Jonathan Blackledge (St. Catherine's), who represented the Dark Blues in 2004 (second), 2005 (first) and 2006 (third), being on the winning side in the first two years. Oxford's 2005 victory put them into the lead in the series (58 wins to 57) for the first time since 1993.

100 YEARS AGO
THE 31ST INTER-UNIVERSITY CROSS-COUNTRY RACE
(from The Illustrated Sporting and Dramatic News)



Above: The runners line up in front of the King's Head on Roehampton Lane before the race, which was run in conditions that "...could hardly have been worse...the roads were a sea of liquid mud, and the wheels of motor cars made a noise like countless ducks feeding." The winner, Alfred Clemes of Magdalen, is second from the right.

Below: The runners cross the Beverley Brook watersplash.



PREVIOUS RESULTS

Gentlemen

Oxford lead Cambridge by 60 wins to 59

2009 Oxford	28-52	D.J.Bruce (O)	1955 Oxford	37-41	=I.H.Boyd (O)
2008 Oxford	27-53	R.C.Franzese (O)			=A.D.Gordon (O)
2007 Cambridge	32-47	P.Natali (C)	1954 Oxford	29-49	=I.H.Boyd (O)
2006 Cambridge	35-43	P.Natali (C)			=C.W.Suddaby (O)
2005 Oxford	30-51	J.E.Blackledge (O)			=A.J.Weekes-Pearson (O)
2004 Oxford	38-42	F.K.Thompson (O)	1953 Oxford	29-50	I.H.Boyd (O)
2003 Cambridge	37-43	F.K.Thompson (O)	1952 Oxford	21-66	=C.J.Chataway (O)
2002 Oxford	29-49	F.K.Thompson (O)			=D.C.Law
2001 Oxford	32-46	J.T.S.Brooks (O)			=A.J.Weekes-Pearson (O)
2000 Cambridge	37-41	N.P.Talbot (O)	1951 Oxford	27-51	C.J.Chataway (O)
1999 Cambridge	35-48	N.P.Talbot (O)	1950 Cambridge	34-44	C.J.Chataway (O)
1998 Oxford	35-45	D.R.Leggate (C)	1949 Oxford	35-43	R.G.Bannister (O)
1997 Cambridge	31-48	A.B.Hutchinson (C)	1948 Oxford	36-42	J.H.Scott-Wilson (O)
1996 Oxford	38-43	D.R.Leggate (C)	1947 Oxford	17-38	=T.P.E.Curry (O)
1995 Cambridge	26-54	D.E.Naylor (C)			=N.M.Green (O)
1994 Cambridge	29½-49½	R.W.Collier (O)			=J.F.Pollard (O)
1993 Cambridge	25-59	I.R.Harkness (C)			=G.Ridding (O)
1992 Cambridge	32-51	S.D.S.Baines (O)	1946 Cambridge	26-29	T.P.E.Curry (O)
1991 Oxford	25-55	S.D.S.Baines (O)	1945 Cambridge	26-29	D.A.Bond (C)
1990 Cambridge	37-43	S.J.Mugglestone (O)			
1989 Oxford	25-56	S.J.Mugglestone (O)			
1988 Oxford	29-50	S.J.Mugglestone (O)			
1987 Oxford	27-55	S.J.Mugglestone (O)			
1986 Oxford	33-45	R.D.Nerurkar (O)			
1985 Oxford	27-57	J.D.Barton (C)	1939-45	<i>No races dues to Second World War. Six unofficial wartime races held (see below)</i>	
1984 Oxford	31-52	J.D.Barton (C)	1938 Oxford	32-46	P.D.Marrian (O)
1983 Cambridge	33-45	J.D.Barton (C)	1937 Cambridge	34-44	E.C.Weir (C)
1982 Cambridge	39-40	N.Thin (C)	1936 Cambridge	24-31	E.C.Weir (C)
1981 Cambridge	21-57	N.Thin (C)	1935 Oxford	27-28	A.A.Robertson (O)
1980 Oxford	25-54	N.C.S.Brawn (O)	1934 Cambridge	23-32	R.M.Barrer (C)
1979 Oxford	37-41	N.C.S.Brawn (O)	1933 Oxford	20-35	P.J.Albery (O)
1978 Oxford	35-45	N.C.S.Brawn (O)	1932 Oxford	15-40	=J.E.Lovelock (O)
1977 Oxford	26-57	=N.C.S.Brawn (O)			=C.J.Mabey (O)
		=W.A.Ewers (O)	1931 Oxford	20-35	J.F.Cornes (O)
1976 Oxford	31-48	W.A.Ewers (O)	1930 Oxford	26-29	C.W.Benson (C)
1975 Oxford	29-53	W.A.Ewers (O)	1929 Cambridge	21-34	=J.R.Croggon (C)
1974 Oxford	30-49	=A.J.Etchells (O)			=R.C.J.Goode (C)
		=J.N.Goater (O)	1928 Cambridge	23½-31½	=E.E.Cowburn (C)
1973 Cambridge	33-45	J.N.Goater (O)			=A.N.Skelton (C)
1972 Cambridge	37-42	C.J.Garforth (C)	1927 Cambridge	27-28	W.A.M.Edwards (O)
1971 Cambridge	39-39*	A.T.Moore (O)	1926 Oxford	15-40	W.A.M.Edwards (O)
1970 Cambridge	29-57	A.T.Moore (O)	1925 Cambridge	23-32	T.C.Fooks (C)
1969 Cambridge	40-40*	R.A.Steele (O)	1924 Cambridge	20-35	R.S.Starr (C)
1968 Oxford	28-58	J.P.Valentine (O)	1923 Oxford	22-33	T.C.Fooks (C)
1967 Cambridge	39-41	H.Altmann (O)	1922 Oxford	17-38	N.A.McInnes (O)
1966 Oxford	27-55	J.Godding (O)	1921 Cambridge	27-28	W.R.Seagrove (C)
1965 Oxford	25-52	H.Altmann (O)	1920 Oxford	21-34	E.A.Montague (O)
1964 Oxford	38-41	A.I.C.Heron (C)	1919 Cambridge	22-33	E.A.Montague (O)
1963 Cambridge	38-41	T.F.K.Johnston (C)			
1962 Cambridge	23-58	D.M.Turner (C)	1918	<i>No races held due to the Great War</i>	
1961 Cambridge	22-61	D.M.Turner (C)	1913 Cambridge	26-39	G.M.Sproule (O)
1960 Cambridge	27-57	T.J.Briault (C)	1912 Oxford	24-31	G.M.Sproule (O)
1959 Cambridge	37-42	S.H.James (O)	1911 Oxford	16-39	C.H.A.Porter (O)
1958 Oxford	36-42	M.J.Palmer (C)	1910 Oxford	15-40	A.W.Clemes (O)
1957 Cambridge	27-55	M.J.Palmer (C)	1909 Oxford	20-35	R.E.Knight (O)
1956 Cambridge	32-48	M.J.Palmer (C)	1908 Oxford	22-33	A.W.Clemes (O)
			1907 Cambridge	27-28	E.C.Inman (C)

THAMES HARE AND HOUNDS

Thames Hare and Hounds was formed in 1868 making it the oldest cross country club in the world.

The club provides competition for men and women of all standards on the road and country. Events range from club handicaps to regional and national championships. There are also a number of friendly “mob matches” against other local clubs that may be scored as many as 60-a-side.

The club consistently fields full teams in regional and national events at senior and veteran level as well as competing in the high-quality men’s and ladies’ Surrey Cross-Country Leagues. In recent years the club has achieved a number of successes such as winning the men’s UK marathon championships at London and taking bronze medals at the Ladies’ Southern 4-Stage Road Relays.

The Club meets for regular runs at its headquarters on Wimbledon Common. Wednesday evening training runs depart from here at 7.30 p.m., after which refreshments are taken at either the Albert Arms on Kingston Hill or The Telegraph on Putney Heath. Runs tend to last between five and ten miles. There is usually a Sunday morning run of ten to twelve miles departing Robin Hood Gate in Richmond Park at 10.00 a.m. A number of Thames runners also do a high quality session at the Kingsmeadow track from 7.00 p.m. on Tuesday nights.

In addition to training and competition there are regular social occasions. As well as more formal functions such as the Annual Dinner and the Midsummer Wine Party, smaller events are arranged throughout the year on a more impromptu basis.

For further information see the club’s website, www.thameshareandhounds.org.uk, or contact one of the below:

Nic Gould (Captain)

mail@nicgould.co.uk

Anna Garnier (Ladies’ Captain)

annagarnier@hotmail.co.uk

Simon Molden (Secretary)

simon@scmolden.co.uk

